

## **St. Elizabeth Ann Seton Campus Cafeteria Procedures**

At St. Elizabeth Ann Seton Campus a healthy, nutritional, hot lunch is available each school day in the cafeteria. We are participants in the National School Lunch Program and, as such, are **reviewed and regulated by the Ohio Department of Education, Office for Safety, Health and Nutrition**. All of our menus strive to serve healthy, nutritional components for a complete lunch which meets/exceeds the USDA targets for nutrition and provide one-third of the RDA for protein, vitamins, iron and calcium. Each lunch includes a main entrée, bread, a serving of fruit, a serving of vegetables, (or two different fruits/vegetables) and an 8-oz. container of low-fat milk. Turkey and cheese sandwiches, chef salad,, or peanut butter and jelly sandwiches are offered as a substitute to the main entrée while they last. Healthy options such as orange juice, fresh fruits and fresh vegetables (bananas, apples, raisins and carrots) are offered throughout the week. We do not offer any type of “fried” food in the cafeteria. **ALL** foods are baked or steamed. **All** of our bread products are **whole grain**. We strive to encourage proper nutrition and healthy eating habits.

The cost of lunch is \$2.50 daily and includes one low-fat milk (white, strawberry or chocolate) or one orange juice. Milk and juice are also available for those who prefer to pack their lunch at the cost of \$.50 each. An extra entrée portion may be purchased for \$1.00. A monthly lunch menu will be included in the school newsletter and on the web-site.

Free and reduced-price lunch is available for those students who financially qualify. Information packets and applications are sent home with each student at the beginning of the school year and are available at any time thereafter upon request.

Lunch and milk money is collected each morning in the classroom. You may pay on a **daily, weekly, or monthly basis**. Payment should be placed in an envelope with your child’s name and homeroom clearly visible. The envelope should also let us know which days your child/children will be eating lunch or just buying milk so that we may have an accurate count of servings to prepare. For your convenience, you may pay by check payable to Seton Cafeteria if exact change is not available. If you have multiple children, please feel free to write one family check for all. We will need to know how much money to credit towards each individual student account. There are no “family” accounts. A fee of \$30 will be charged for all checks returned for any reason. If your child forgets or loses their lunch money, they may charge for that day and repay the amount as soon as possible. Notes will be sent home letting you know of this charge.

When your child pays for lunch and milk, this information is recorded on a master class list. As your child receives their lunch and milk, it will be checked off the master sheet. This allows us to keep a current and accurate account of each child in the event that one would happen to go home ill without receiving lunch or milk, as well as unplanned absences, or forgotten field trips. Contacting the school cafeteria personnel at 575-0093, extension 7, can make verification of your individual student account status.

If your family or child has any extenuating circumstances, please feel free to contact the cafeteria personnel. We will do our very best to accommodate you.